

### **Parent's Code of Conduct**

If children are to grow and develop in their sport or physical activity, and environment of positive communication and respect must exist. Parents should observe the following Code of Conduct with their child athletes. The following code is taken from a resource manual developed for community coaches by the Canadian Centre for Ethics in Sport (CCES).

- I will remember that my child plays sport for his or her enjoyment, not for mine.
- I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of a game/event.
- I will make my child feel like a winner every time by offering praise for competing fairly and trying hard.
- I will never ridicule or yell at my child for making a mistake or losing a competition.
- I will remember that children learn best by example. I will applaud good players' performances by both my child's team and their opponents.
- I will not force my child to participate in sports.
- I will never question the official's judgment or honesty in public.
- I will support all efforts to remove verbal and physical abuse from children's sporting activities.
- I will respect and show appreciation for the trained volunteer coaches who give their time to provide sport activities for my child, understanding that I have a responsibility to be part of my child's development.

I agree to Play Fair. \_\_\_\_\_ (signature of parent)

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### **Athlete's Code of Conduct**

If children are to grow and develop in their sport or physical activity, they need to participate in building an environment of positive communication and respect. Parents and coaches can discuss the following Code of Conduct with their child athletes. The following code is taken from a resource manual developed for community coaches by the Canadian Centre for Ethics in Sport (CCES).

- I will play by the rules and in the spirit of the game.
- I will control my temper – fighting and "mouthing off" can spoil the activity for everybody.
- I will respect my opponents.
- I will do my best to be a true team player.
- I will remember that winning isn't everything – that having fun, improving skills, making friends and doing my best are as important.
- I will acknowledge all good plays/performance – those of my team and of my opponents.
- I will participate because I want to, not just because my parents or coaches want me to.
- I will remember that coaches and officials are there to help me. I will accept their decision show them respect.

I agree to Play Fair. \_\_\_\_\_ (signature of athlete)